



Boldfit Adjustable Hand Grip Strengthener, Hand Gripper With Counter for Men & Women for Gym Workout Hand Exercise Equipment for Forearm Exercise, Finger Exercise Power Gripper - Army Green - 60kg

Colour	Army green
Material	Plastic
Brand	Boldfit
Item Weight	130 Grams
Style	Hand gripper

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SKU: B0BVBLQ337

Price: ~~₹699.00~~ Original price was: ₹699.00. ~~₹227.00~~
Current price is: ₹227.00. ₹267.86 : Price incl. GST

Stock: instock

Categories: [Fitness Accessories](#), [HEALTH, FITNESS](#)

Tags: [Boldfit Adjustable Hand Grip Strengthener](#), [Corporate gifting products](#), [Corporategifts](#), [Finger Exercise Power Gripper - Army Green - 60kg](#), [Hand Gripper With Counter for Men & Women for Gym Workout Hand Exercise Equipment for Forearm Exercise](#), [Qualicorpgifts](#)

Product Description

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About this item

- **HAND GRIP WITH COUNTER** : Boldfit Hand Gripper with the added rep counter, is the best hand grip to strengthen your forearm, wrist & finger strength and their muscle grip. Exercise using the Boldfit Hand Grip with Counter and build arm grip & strength consistently, and at a steady rate. Incredibly suitable for everyone, men, women, teenagers and anyone interested in fitness, with an adjustable resistance.
- **ADJUSTABLE HAND GRIPPER** : Ideal to increase forearm grip, wrist grip and finger grip, it is an adjustable hand gripper with an adjustable resistance from 5 kgs to 60 kgs. Just twist the knob to your preferred setting and get the ultimate hand gripper strengthener. Count your reps, as you build forearm, wrist and finger muscle at the perfect resistance from the gym to work.
- **STRONG HAND GRIP** Build up finger grip and strength steadily and independently with the Boldfit hand grip. Made up of a durable, strong, rust-resistant metal spring that when applied pressure facilitates as a strengthener for forearms, wrists and fingers. Though made from steel, the equipment is very lightweight and does not bend or break. It's time to train your arm muscles with this muscle exerciser that are often neglected when working out.
- **ERGONOMIC HANDLE** : Made with premium quality plastic, durable metal spring and an ergonomic design, it is the ideal Hand Gripper to use. Improve your grip strength; anytime, anywhere and everywhere! In a lightweight portable design, take it from the gym to the office. Finger grooves on the handle of the hand gripper ensure a comfortable grip for long hours. Train away, count your reps on the hand gripper with counter.
- **HOME AND GYM USE** : The perfect hand gripper for gym or home use, as it is very lightweight and portable. Made to be used by everyone, it is a hand-gripper for men or women. The sturdy and durable ergonomic design ensures you improve forearm grip, wrist grip and finger grip as it is a strengthener for targeting these muscles. Just a simple squeeze and you can begin training with the hand gripper as you count your reps from the gym to work to home.

Product details

- Product Dimensions : 16 x 11 x 3 cm; 130 Grams
- Date First Available : 9 February 2023
- Manufacturer : Boldfit
- ASIN : B0BVBLQ337
- Item model number : BFHG002ARMYGREEN60KG
- Country of Origin : China
- Item Weight : 130 g
- Item Dimensions LxWxH : 16 x 11 x 3 Centimeters
- Net Quantity : 1 count
- Generic Name : BFHG002ARMYGREEN60KG

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